

Cookham Medical Centre



News



Christmas Opening Times

Day	Cookham Medical Centre	Cookham Pharmacy
Fri Dec 23	8am to 1pm	Open as usual
Sat Dec 24	Closed	9 am to 4pm
Sun Dec 25	Closed	Closed
Mon Dec 26	Closed	Closed
Tues Dec 27	Closed	Closed
Wed Dec 28	Open as usual	Open as usual
Thurs Dec 29	Open as usual	Open as usual
Fri Dec 30	8am to 1pm	Open as usual
Sat Dec 31	Closed	9am to 4pm *
Sun Jan 1	Closed	Closed
Mon Jan 2	Closed	Closed
Tues Jan 3 on	Open as usual	Open as usual

* Please check opening times

In an emergency, when the medical centre is closed:
Telephone 01628 524646 (Out of hours service)
Or NHS Direct 0845 46 47

THANK YOU!

The PPG gratefully acknowledges receipt of £100
from Holy Trinity Ladies Group

A Happy and Healthy New Year!

This issue of the newsletter is shorter than usual and does not contain all the usual features. These will be included in the next issue, which will be available early in the New Year.

The Patient Participation Group has been working with the Medical Centre to devise a questionnaire to obtain your views. It will include your assessment of current services and ask for your thoughts about services in the future. The Health and Social Care Act currently going through Parliament will change many aspects of how care is delivered and it is important that you take the opportunity to help shape local implementation of these changes.

Staff changes

Dr Fay Boudy leaves us in December after completing her F2 training. We wish her well in the future.

We welcome **Dr Jo Ingold** who joins the practice in December as part of her continuing training as a doctor in the army. Her position is equivalent to that of an ST2 registrar.

Although not exactly a staff change, we are pleased to inform you that **Dr Peter Roberts** is one of 5 GPs to have been elected to the Windsor and Maidenhead Clinical Commissioning Group that will take responsibility for directing local health provision from April 2013.

Cookham PPG AGM

The AGM was held immediately after the health information evening on Thursday 5th October in Pinder Hall. There was no change in the membership of the Committee. Details are given on the back page. Alison Standen has agreed to continue to represent Cookham Voluntary Services until a replacement can be found. At the subsequent Committee meeting it was agreed that Brian Schirn, Chris Oxtoby and Roger Battye would continue as Chairman, Secretary and Treasurer respectively.

Friends of Cookham Surgery Stay in Touch

The number of you who have joined the e-mail list continues to grow. We will continue to make application forms available in the waiting room. Please drop the completed form in the Comments box. As well as receiving occasional information (up to 6 times per year), you will be helping the practice to demonstrate that it is working actively to communicate with patients. This is a requirement for the practice to qualify for additional funding.

If you will not be visiting the surgery soon and would like to join the mailing list, please e-mail our secretary
chris.oxtooby@btinternet.com

(You can unsubscribe at any time by advising the same e-mail address.)

A lot of useful information including times when the Medical Centre is closed for staff training can be found on the website at
www.cookhamdoctor.co.uk

REPEAT PRESCRIPTIONS

Make life easier for yourself!

You can put repeat prescription forms in the letter box on the front of the building at any time, even when the Medical Centre is closed. This will help you in that you will find it easier to park and help others by not blocking a car park space during peak times.

PPG committee

Brian Schirn *	Chairman
Chris Oxtoby *	Hon Secretary
Roger Battye *	Hon Treasurer
Pat Cronshaw	(MS representative)
Julia Mercer	(Elizabeth House rep.)
Alison Standen	(CVS representative)
Joyce Sayer	(WI representative)
Mary-Lou Kellaway	(Parish Council rep.)
Rose Coop *	
Sally Somerville *	
Elected member *	

Message in a Bottle

These containers are very useful in an emergency, especially to people who live alone.

In them you store your medical and next of kin details and possibly a copy of your current medication prescription. It is important to keep them in a fairly obvious place e.g. in the fridge and display your Green Cross labels one on the fridge door and one behind your front door to indicate that you are in fact in possession of a container. Inside will be valuable information for doctors and paramedics who may be called to your home in an emergency situation.

It is important to keep the information updated

Last week I decided to edit mine and found to my horror the prescription was three years old. Believe me I would have had serious problems if paramedics had found it and acted accordingly!!

Rose Coop, PPG Committee Member

You can obtain information and a "bottle" from Cookham Pharmacy.

Remember Rose's warning and keep the information up-to-date!

Cookham Medical Centre Lower Road Cookham, Berkshire SL6 9HX

The Aims of the Patient Participation Group are included in the Constitution, which is available on request.

Any matter raised with a member of the PPG is treated with complete confidentiality

Health Centre Doctors

Dr Azmy Birdi
Dr Mike Sealy

Dr Peter Roberts
Dr Susie Hayter

Dr Cathie Scothorne
Dr Emma Bradbury

Dr Qusai Arsiwala (ST2 Registrar)
Dr Fay Boundy (F2 Registrar)

Practice Manager: Ruth Franklin

Appointments 01628 810242
Visits and Advice 01628 524646
Fax number 01628 810201

We welcome contributions from readers, but reserve the right to select articles for publication.

For PPG matters contact

E-mail: chris.oxtooby@btinternet.com

Phone: Brian Schirn 01628 521809

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